## Australian Centre for Psychoanalysis Inc.

# **ACP Register of Practising Analysts**

### Introduction

The structure and function of the Register of Practising Analysts is described in this document and is referred to in the Constitution of the ACP as the "Register Document". This document also includes guidelines for the assessment of applications. Applicants are advised to read the Register document before going ahead with registration.

The Register of Practising Analysts is a list of members who are recognized by the ACP as competent practitioners of psychoanalysis.

This recognition comprises two aspects.

The first asserts that members of the Register authorize themselves as practicing analysts and are confident to practice in accord with this authorization, in the direction of treatments, the presentation of cases and involvement in case discussions.

The second asserts that their psychoanalytic competence will be recognised by the ACP through their having fulfilled the components of training; namely, personal analysis, clinical supervision and a course of theoretical studies, presentation of two cases to the Training Committee and through their having given an account of their work to their peers.

# **Register of Practising Analysts**

- 1 Only full members of the ACP are eligible to apply for inclusion on the ACP Register of Practising Analysts. All practising analysts must continue to be full members for the period of their registration.
- 2 The Committee of Management (CoM) assumed responsibility for writing the Register in the first instance, based on those members who had described their occupation as "Practising Analyst" on the current List of Members for the year 2000.
- 3 Application for inclusion on the ACP Register of Practising Analysts is to be addressed to, and decided by, a committee known as the Register Committee (RC). The RC is a sub-committee of the CoM. Registration is the ultimate legal responsibility of the CoM. If the applicant is a member of the CoM, he or she is required to step aside from consideration of the recommendation

- 4 The RC is composed of 3 members appointed by the CoM from the Register of Practising Analysts. They shall as a rule be appointed for a period of 2 years, but appointments to the inaugural committee shall be for varied durations so that replacement appointments of one or two members are made each year. An applicant to the RC may veto the involvement of a particular member of the RC in hearing his or her application for any reason, or a member of the RC may withdraw from hearing a particular application for any reason. If this occurs, the application shall be heard by the remaining two members. If they are unable to arrive at a decision, the CoM shall appoint an additional person to the RC from the Register of Practising Analysts for the hearing of this application only.
- 5 The Register Committee will invite the applicant to an interview where they will make an assessment based on consideration of the following components, which each application must address:
  - a) personal analysis
  - b) clinical supervision
  - c) study of psychoanalytic theory
  - d) the applicant must be engaged in the practice of psychoanalysis currently and be able to demonstrate this to the Register Committee.
  - e) any pending or outstanding ethical complaints, legal issues or current or prior criminal charges insofar as they may have a bearing on professional practice
  - f)continuing professional development
- 6 Persons included on the Register will be asked to complete an annual written statement of their activities provided to the RC by a date determined by the RC. In addition persons included on the Register have a continuing duty to disclose to the RC any information which is relevant to their continuing registration. This includes, but is not restricted to, changes to any item listed under clause 5. In the case of a practising analyst on the Register, the RC may make a complaint to the Ethics Committee based on the failure to disclose relevant information in accordance with this clause.
- 7 Registration will be recorded on a registration form and kept with the Secretary of the ACP.
- 8 Inclusion on the Register entails an initial fee and an annual fee, to be set by the CoM and varied from time to time as decided by the CoM.
- 9 Any complaint against a member shall be addressed to the Ethics Committee. In the instance that the complaint is held to be proven and entails a suspension of membership and professional registration, notification shall be given to the Register Committee to remove the name of the member from the Register of Practising Analysts. Notification of this action shall be given to all other organizations which place the member on their own register by virtue of his or her inscription on the ACP Register of Practising Analysts.
- 10 Any member who applies to be included on the Register of Practising Analysts and is refused registration by the RC may appeal against that decision.

An applicant may be refused registration at the time of application on the basis of needing to complete some of the basic requirements with regard to analysis, supervision or theoretical training. When this occurs the Register Committee will work together with the applicant in discussing possible paths to pursue in order to apply again following completion of the requirements.

If an appeal is made it shall be in accordance with the following procedure.

- 10.1 Appeals shall be addressed "Private and confidential" to the President of the ACP, who shall appoint two members of the Register of Practising Analysts by process of lottery, and one person who is not a member of the ACP to constitute a Committee of Appeal to hear the appeal. None of the members of the Committee of Appeal shall be members of the RC.
- 10.2 The hearing of the appeal shall be held not earlier than fourteen days and not later than twenty-eight days after notice has been given to the appellant and the RC in writing by the Secretary:
  - a) stating that the appellant and the RC may address the Committee of Appeal
  - b) stating the date, place and time of the hearing
  - c) informing the appellant and the RC that they may either attend the hearing of the appeal or give to the Committee of Appeal before the date of the hearing written submissions relating to the appeal.
- 10.3 The Committee of Appeal must:
  - a) give the appellant and the RC representatives an opportunity to be heard
  - b) give due consideration to any written statements submitted by the appellant and the RC, and
  - c) make a decision to either affirm the original recommendation of the RC or to overturn the recommendation of the RC and include the name of the appellant on the Register of Practising Analysts.
  - d) report the decision to the Committee of Management within fourteen days.
- 10.4 The Secretary shall inform the appellant and the RC in writing of the decision of the Committee of Appeal and the reason for the decision.
- 10.5 The decision of the Committee of Appeal is final.

## **Application to the Register of Practising Analysts**

The points below are intended to serve as guidelines in making an assessment of a member's application. They are prescriptive in that they establish minimum standards, but they are not exclusive, since other factors may also contribute to the decision. There is a significant distinction between the process of applying for membership of the ACP and that of applying for inscription on the Register of Practising Analysts. For the latter, the ACP is offering a public guarantee that the applicant has undergone formation and is able to practice as a psychoanalyst.

It should be noted that between the applicant and the Register Committee there is a spirit of working together which is intended to guide the applicant through the process of application, interviews with the Register Committee and the assessment procedure.

- 1. **ANALYSIS:** It is expected that the applicant will have undergone a minimum period of 5 years in analysis. The experience should be clearly recognised as analytic by the Register Committee (RC), by the analysand and by the analyst, the latter by report of the analysand.
- 2. **SUPERVISION:** It is expected that the applicant has had regular supervision of analytic cases over a substantial period of time with an analyst recognised as such by him or herself, by the supervisee and by the RC. It is also a requirement that the applicant has been in weekly supervision with two different supervisors, each for a period of two years, or have had a level of supervision judged by the RC to be of equivalent or greater standard
- 3. **THEORETICAL AND CLINICAL STUDIES:** The applicant is expected to have made a consistent and systematic study of the psychoanalytic theory of Sigmund Freud, Jacques Lacan and other psychoanalysts. The equivalent of the ACP course (four years of seminars of approximately three hours per week) is a minimum requirement. A registered practising analyst must be involved in ongoing training and presentation of work in the ACP. Annual renewal of inscription on the Register depends on the latter requirement being fulfilled.
- 4. It is expected that the periods of time during which analysis, supervision and theoretical and clinical studies take place will **substantially concur**.
- 1. Refer to the ACP document entitled **Program of Training in Psychoanalysis** for further guidelines regarding items 1, 2, 3 & 4 above.
- 5. **PEER REVIEW:** Accountability for one's analytic work is required in the form of attendance and presentations at ACP research forums. These may include clinical presentations, reports on clinical research and/or work developed in cartels, presentations at conferences and seminars, and publications. Presentations should demonstrate that the work being done is psychoanalytic. If at the point of application to the Register the applicant's work is not sufficiently known to the ACP, he/she may be required to engage in regular public presentations of the ACP over a period of time (a year is suggested) before reapplying to the Register. As an alternative the applicant may have the option of presenting clinical work to the RC.
- 6. **PRIOR STATUS:** Consideration of prior status will only be given to applications of colleagues who, on the date of the Special General Meeting of 7/9/2000, were inscribed on the membership list as 'Practising Analyst'. The reason for this is that the designation implies the assumption and recognition of the position of

analyst according to the criteria in existence in the Centre at the time. The other Register criteria will still apply to the application. If the applicant meets this as well as most of the other criteria, the Register Committee may include their name on the Register on condition that the remaining criteria, which are not completely met at the time of application, be fully met within a following specified period of time. Any member registered provisionally i.e. with requirements yet to be fulfilled, has a duty to update the Register Committee on their fulfillment or otherwise of the requirements. If the applicant falls far short of the other criteria, prior status criteria will not alone be sufficient for inclusion.

#### 7. **REGISTRATION:**

- At the annual renewal of registration, a review of the analyst's work is presented. In the review, the areas of analysis, supervision, training, current practice of psychoanalysis and legal and ethical complaints need be addressed only insofar as there have been changes since the original application. Professional development must always be addressed as a matter of course.
- The RC also functions as a registration guide, so that even if the application fails, the RC is able to assist applicants to work towards obtaining registration.

## 9. APPLICATION PROCEDURE:

- It is recommended that applicants also apply to the PACFA register. Application to PACFA may be made following successful registration with the ACP.
- Applications can be made to the RC Coordinator by mail addressed to ACP Register Committee PO Box 509 Carlton South 3053.
- An application fee of \$35 should accompany the application. (Those applying by e-mail may forward the fee to the ACP Treasurer at the postal address)
- The RC will notify applicants that their application has been received and is under consideration. Applicants will be invited to attend an interview to address their application.
- A decision about the application will be made by the RC and communicated to the applicant.
- A subscription fee of \$100 is payable on entry to the Register of Practising Analysts and annually thereafter.

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