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CALENDAR

**THEME: The concept and the clinic of anxiety**

Anxiety has become one of the most prevalent and apparent complaints in the modern-day psychoanalytic clinic. Anxiety can appear as worry, fear, uncertainty, racing thoughts, or disabling panic. There are also physical symptoms to consider such as breathlessness, dizziness, or heart palpitations. It can lead to complete paralysis of the subject's life and his or her desire. Anxiety is also present as an important feature of various increasingly common psychiatric diagnoses, such as ADHD, obsessional compulsive disorder, post-traumatic stress disorder and even autism. It has become increasingly difficult today to know what the subject intends when they say, they are anxious.

Is anxiety a symptom? Does it have an object? If so, what is it? Does anxiety refer to a phobia, or to an affect, or to a trauma? Is it a response to castration? For Freud, anxiety, or more correctly, angst, also referred to something ordinary, not just pathological, and angst became an experience of helplessness in the face of something that could not be symbolised by the subject in language. Following Freud, Lacan links anxiety to the real, a helplessness when faced with what cannot be spoken, in the face of the object *par excellence*, that is, the *objet a*. At the same time, for the subject, the object cause of desire, but an object to be avoided at all costs. Anxiety then becomes a way of sustaining desire, and so desire becomes a way to deal with anxiety. Anxiety according to Lacan, is the only affect that does not deceive.

In La Troisième (1975), Lacan states that anxiety is the standard affect "related to any arising of the real".

In La Troisième Lacan uses the Borromean knot to show the relationships between Freud's famous triad, inhibitions, symptoms and anxiety (Soler, 2016). And so we return to Freud and the subject's helplessness in the face of a real danger, the danger of sexual excitation.

Our theme for the next two years will be the concept and the clinic of anxiety. The work of the ACP will address this theme along with associated concepts organised around the following sub themes:

- Anxiety, desire, jouissance
- Anxiety, inhibitions, symptoms
- Contemporary clinical presentations of anxiety

**ACP PROGRAM OF CLINICAL AND THEORETICAL STUDIES****Introductory Course in Psychoanalysis**

This series of seminars is suitable for professionals who want to develop an understanding of psychoanalysis and is open to anyone interested in learning about it through the study of Freud's cases and the perspective that Jacques Lacan brings to bear on them. The course thus aims to introduce participants to the fundamental concepts that lie at the heart of psychoanalysis and to provide a broad introduction to the work of both Freud and Lacan. Through the use of clinical material to highlight theoretical concepts, the course aims to assist participants in linking these concepts to their own practice, whether in the clinic or in other settings. It is thus suitable for both those who intend to practise clinically and others with a more general interest.

Saturdays Time: 10:30am – 12:30pm

Semester One: February 24 – June 22

Semester Two: August 3 – November 30

Venue: Treacy Conference Centre, Parkville

Contact: Deborah McIntyre (Convenor)

E: acpintrocourse@gmail.com

**Four Year Program of Clinical and Theoretical Studies**

Participants of the Four-Year Program are engaged in a systematic study of the key concepts of Freudian and Lacanian psychoanalysis across four years. Emphasis is given to clinical practice and the ethics particular to psychoanalytic practice. The program provides a theoretical foundation for those wishing to undertake training in psychoanalysis with the ACP. The course runs over two semesters, for the duration of fourteen weeks each semester.

**Year One:** Participants are introduced to the foundational concepts of the unconscious, discourse, sexuality, the drives, and the object.

**Year Two:** Participants will study the fundamental concepts of repetition and transference, then undertake a rigorous study of psychopathology and clinical structures established by Freud and by Lacan.

**Year Three:** Participants will study the fundamental ethical questions linked to the clinical practice of psychoanalysis. This includes a study of Freud and Lacan's contribution to the field of Ethics and Lacan's concept of the analyst's desire.

**Year Four:** The program concentrates on psychoanalysis with children and adolescents, and on special clinical problems such as addictions, psychosomatic phenomena, contemporary issues of sexual identity, mental retardation, eating disorders and criminology.

Those interested in studying with the ACP please contact the Co-ordinator of the four-year program Helena Sandahl. Any member of the ACP or previous participant who wishes to refresh their knowledge is also welcomed and encouraged to contact the Co-ordinator.

Saturdays Time: 8.45am – 12:30pm

Semester One: February 24 – June 22

Semester Two: August 3 – November 30

**Student Study Day:** December 7

Venue: Treacy Conference Centre, Parkville

Contact: Helena Sandahl (Co-ordinator, Four-year program)

T: 9380 4458

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## ORIENTATION SESSION

Seminar convenors and the co-ordinators of the Introductory Course and Four Year Program of Studies will present their planned activities.

**Date:** February 17 **Time:** 10.30am – 12:30pm

**Venue:** Treacy Conference Centre, Parkville

**Contact:** Carmelo Scuderi

T: 0438 281 789

E: carmelo.scuderi@psychoanalysis.org.au

## INTERNATIONAL LACAN SEMINARS

Organised by the ACP and the Forum of Melbourne (IF-SPFLF). This Seminar is open to all colleagues interested in psychoanalysis. Please check the website for further details.

### Step by step towards a Borromean Clinic

Rithée Cevasco and Jorge Chapuis

These seminars are oriented by Lacan's seminars, from Seminar XIX (... or Worse), when he first presented the Borromean knot, to Seminar XXVI (*Topology and Time*) seminar. It is an introduction to the Borromean methodology and writing, which constitute a new paradigm in psychoanalytic theory and clinical praxis.

**Semester One:** February 10, April 13 and June 8

**Semester Two:** August 10, October 12 and December 14

**Contact:** Carney Lee E: carn.p.lee@gmail.com

### From the desire of analysis to the desire of the analyst

Luis and Anita Izcovich

**Date:** October 26 and October 27

**Contact:** Carmelo Scuderi (Convenor)

T: 0438 281 789 E: carmelo.scuderi@psychoanalysis.org.au

## ACP XXV SYMPOSIUM and FORUM OF MELBOURNE COLLOQUIUM

The annual Symposium/Colloquium will be a presentation of papers on the theme for the year.

**Date:** Saturday September 14

**Venue:** Treacy Conference Centre, Parkville

**Contact:** Carmelo Scuderi

T: 0438 281 789 E: carmelo.scuderi@psychoanalysis.org.au

Marina Connelly (IF-SPFLF delegate)

E: marinamaconnelly@gmail.com

Carney Lee (IF-SPFLF delegate)

E: carn.p.lee@gmail.com

## SYDNEY LACAN SYMPOSIUM I

*Anxiety; between desire and jouissance*

**Date:** Saturday November 23

**Contact:** Ofelia Brozky

T: 0425 221 269

E: ofelia.brozky@psychoanalysis.org.au

## SYDNEY LACAN SEMINAR

*Anxiety, without a concept, but not without the object*

**Semester One:** Begins March 1

**Semester Two:** Begins August 2

Rostik Bershadsky

E: rostik.berhadsky@gmail.com

Ofelia Brozky

E: ofelia.brozky@psychoanalysis.org.au

## CLINICAL SEMINAR

The clinical seminar program will be guided by the ethics of clinical practice specific to the practice of psychoanalysis as founded by Freud and elaborated by Lacan. The seminar will show how this unfolds for the analyst and analysand using the presentation of analytic cases by members of the ACP.

**Semester One:** March 23, April 20, May 25, June 15 **Time:** 1pm – 2.30pm

**Semester Two:** August 10, August 31, September 21, October 19,

November 16 **Time:** 1pm – 2.30pm

**Venue:** Treacy Conference Centre, Parkville

**Contact:** Carmelo Scuderi (Convenor)

T: 0438 281 789 E: carmelo.scuderi@psychoanalysis.org.au

## SEMINAR ON THE FORMATION OF THE ANALYST

This Seminar will continue to work according to the new modality it adopted in 2020: in cartels and/or by individual contributions. The research projects for the year generally concern the analytic discourse and the formation of the analyst, but other questions may emerge from the participants' work in progress.

**Semester One:** February 24 and June 22 **Time:** 1pm – 2.30pm

**Semester Two:** November 9 **Time:** 1pm – 2.30pm

**Venue:** Treacy Conference Centre, Parkville

**Contact:** Danny Bryant (Convenor)

T: 0403 746 161 E: dannybryant@y7mail.com

## FORUM OF MELBOURNE

The Forum of Melbourne is a member of the International Forums of the School of Psychoanalysis of the Lacanian Field.

The Forum of Melbourne will work this year on contributing to this discussion of the transmission of psychoanalysis and other fundamental questions which are the object of psychoanalytic research in Australia and other countries.

**Semester One:** March 16, April 27, June 1 **Time:** 1pm – 2.30pm

**Semester Two:** September 7, October 12, November 30 **Time:** 1pm – 2.30pm

**Venue:** Treacy Conference Centre, Parkville

**Contact:** Marina Connelly (IF-SPFLF delegate)

E: marinamaconnelly@gmail.com

Carney Lee (IF-SPFLF delegate)

E: carn.p.lee@gmail.com

## STUDY GROUP ON PSYCHOANALYSIS WITH CHILDREN AND ADOLESCENTS

The study group on Psychoanalysis with Children and Adolescents studies questions relating to the clinical and conceptual field of psychoanalysis with children and adolescents.

All interested members and students of the ACP are invited to participate. Please contact the Convenor before the first meeting to express your interest.

**Semester One:** Begins February 27

**Tuesdays Time:** 8pm – 9:30pm

**Contact:** Helena Sandahl (Convenor)

T: (03) 9380 4458 E: helena.sandahl@psychoanalysis.org.au

## TUESDAY SEMINAR

The theme for this year is love in its relations with desire, jouissance and the four fundamental concepts of psychoanalysis.

**Semester Two:** Begins August 13th

**Tuesdays Time:** 8pm – 9:30pm

**Contact:** Leonardo Rodríguez (Convenor)

T: (03) 9349 3462

E: leonardosrodriguez@bigpond.com

## CARTELS

The cartel is a small study group that researches topics of clinical and theoretical interest. Members and others can work together but each member pursues their own independent study and has an opportunity to present the work. The duration of a cartel is usually two years.

**Contact:** Carney Lee

E: carn.p.lee@gmail.com

## TRAINING AS A PSYCHOANALYST WITH THE ACP

Training in psychoanalysis comprises: personal analysis, supervision of clinical cases, and a rigorous course of study in the theory and clinical practice of psychoanalysis.

Members of the ACP engaged in clinical practice and studies may apply for candidature to the psychoanalytic training program by becoming an Analyst Candidate (AC) with the ACP.

If you are interested in training with the ACP, or for more information regarding training with the ACP please contact the Convenor of the Training Committee.

### Candidates Meetings

**Dates:** May 14, June 4, August 6, October 22

**Contact:** Carmelo Scuderi (Convenor, Training Committee)

T: 0438 281 789

## CLINIC OF THE AUSTRALIAN CENTRE FOR PSYCHOANALYSIS

The aim of the Clinic is to facilitate affordable psychoanalytic treatment for adults and children. The treatment will be conducted by analysts and analyst candidates of the ACP. Please call 0408 225 993 to make an appointment.

**Contact:** Julie Stephens (Administrative Co-ordinator)

E: stephensjulie21@gmail.com

## PUBLICATIONS

*Analysis* is the journal of the Australian Centre for Psychoanalysis. *Analysis* has been publishing articles that make a significant contribution to psychoanalysis both locally and internationally since 1989. Authors who would like to discuss submission of their work and for submission guidelines to *Analysis* please contact the editor for further details.

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Editions can be purchased from our website: [www.psychoanalysis.org.au](http://www.psychoanalysis.org.au)

## WEBSITE and FACEBOOK

For further information about the ACP and its activities visit our website [www.psychoanalysis.org.au](http://www.psychoanalysis.org.au) or subscribe to our Facebook page.

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